

Jenn's Cozy Taco Soup - Shopping List

Meat:

- ☐ 1 pound ground beef (or ground turkey)

Produce:

- ☐ 1 small onion
- ☐ 1 clove garlic (or a small jar of minced garlic)

Canned Goods:

- ☐ 1 can diced tomatoes (14 oz)
- ☐ 1 can corn (14 oz)
- ☐ 1 can black beans (14 oz)
- ☐ 1 can pinto beans (14 oz)

Pantry Staples:

- ☐ 1 packet taco seasoning (or about 2 tbsp homemade seasoning)
- ☐ 1 jar chunky salsa (about 1/2 cup needed)
- ☐ 1 carton beef broth (or chicken broth)

Spices (if needed):

- ☐ Cumin
- ☐ Salt and pepper

Toppings (Optional, but Highly Recommended!):

- ☐ Tortilla chips
- ☐ Shredded cheddar cheese
- ☐ Sour cream
- ☐ Green onions
- ☐ Avocado

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☐ Fresh cilantro

☐ Lime